

**FREE**

Vol. 25 Issue 08/14



Friday 28th Feb - Thursday 6th March 2014



# KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: [www.kinsaleadvertiser.com](http://www.kinsaleadvertiser.com) :: Email: [info@kinsaleadvertiser.com](mailto:info@kinsaleadvertiser.com)



Tel: 021 477 2443

## Re-Opening for 2014 season



### March 5 Nights

Check [www.maxs.ie](http://www.maxs.ie) for details

### Early Bird Menu - Full à La Carte from 6pm



[www.maxs.ie](http://www.maxs.ie)



Good Luck to everyone in The Pink Ribbon Walk/Run, from all at Max's!!!

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## THE SILENT BANJO

Main Street, Kinsale

Saturday 1st March

10.30pm til late

**CHAPTER TWO**

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**FREE DESSERT WITH ALL  
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Monday to Thursday.

### Cheltenham Preview Night

With trainers Jimmy Mangan, John Murphy,  
Robert Tyner and also jockeys on the night.

**Thursday 6th March at 8.30pm**

Tickets available from the bar: 2 for €20

## TRAD SESSION

Friday 21st March

(and 3rd Friday of every month)

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AA firesafety  
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[www.aafiresafety.ie](http://www.aafiresafety.ie)

Mark Costelloe, Director, Ballyvrin, Dunderrow, Kinsale, Co. Cork

# CHELTENHAM '14 PREVIEW NIGHT

**The Huntsman Bar, Belgooly  
Thursday 6th March 8.30pm**

MC for the Night - Pat McAuliffe, RTE

PANEL FOR THE NIGHT TO INCLUDE

**Jimmy Mangan:**

Trainer of Monty's Pass, Winner of Aintree Grand National 2003.

**John Murphy:**

Trainer of New Mill, Winner of Queen Mother Champion Chase 2006.

**Robert Tyner:**

Trainer Winner of Paddy Power Handicap Chase on 2 occasions.

**Brian O'Connell: Jockey**

**Miss Jane Mangan: Jockey - David Splaine: Jockey**



Tickets €10 available from  
The Huntsman Bar, Belgooly  
or contact  
Tom Keogh 086 046 0444  
or Evin Allen 086 069 5023

**Free Bets from Boyle Sports on the Night Complimentary Finger Food**

# KARL HENRY

Fitness Expert, TV and Radio Broadcaster, Author and Columnist

## Health & Fitness Talk @ Blue Haven Kinsale

- Fitness advice and recommendations from this fitness fanatic
- Nutritional advice
- Tips on the best foods to eat
- Learn how to manage your day to day fitness and health plan

Thur  
13<sup>th</sup> March  
@ 7pm

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**PLACES €10. TO BOOK CALL 021 477 2209**

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HOTEL



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Music & Ballads  
Every Monday*



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Lose Weight & Tone Up this Spring the Fun & Highly Effective Way.



**ZUMBA CARDIO & CORE  
AND NEW ZUMBA TONE  
CLASSES KICK OFF**

Mon 3rd March @ 9.45am & Wed 5th March @ 10am  
Lucy French Studio, Kinsale, Commercial Park

**NEW EVENING CLASSES**

Tue 4th March @ 7.15pm & Thur 6th March @ 8pm  
in Innishannon Hall.

Tel: 087 951 4346 Email: [fitness.dk42@gmail.com](mailto:fitness.dk42@gmail.com)

Facebook : Zumba & Health N Fitness Classes with Debs

# The Market Garden

Pearse St., Kinsale.  
Tel: 021 477 4574



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Open: Monday - Saturday 8.30am to 5.30pm

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Music Venue  
Guardwell, Kinsale

T: 021 472382

[www.folkhousevenue.com](http://www.folkhousevenue.com)



**FRI 28th FEB**  
10.30pm

**AFTERHOURS**  
*3 Piece Rock/Contemporary Covers*

**SAT 1st MAR**  
10.00pm

**INDIGO**  
*5 Piece Soul/Rock Covers*

**SUN 2nd MAR**  
9.00pm

**KING K**  
*4 Piece Rock/Contemporary Covers*

**THUR 6th MAR**  
9.30pm

**MIKE & RORY**  
*2 Piece Folk/Contemporary Covers*

**FRI 7th MAR**  
10.30pm

**THE HOOTS**  
*4 Piece Soul/Rock Covers*

**ALL PARTIES  
CATERED FOR  
IN THE  
GREEN ROOM**

**ALL SPORTS  
SHOWN  
ON 2 BIG  
SCREENS**

# *Bacchus Nightclub*

**FRI 28th FEB - DJ MARK**

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am

**SAT 1st MAR - DJ SEAN**

90s Club Classics & Chart. Doors 11:30pm - Free b4 12:00am

**FRI 7th MAR - DJ MARK**

All the Old & New Classics. Doors 11:30pm - Free b4 12:00am



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FROM €25**

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In most cases Kinsale has the edge on price whether top brands or budget brands and we have now added German Part Worn Tyres to cater for all pockets. We look forward to serving you in the future.

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PROJECT

**Kinsale Peace Project will welcome  
A TOP INTERNATIONAL  
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**to Kinsale at the end of March**



[www.kinsalepeaceproject.com](http://www.kinsalepeaceproject.com)

  
KINSALE  
**ST. PATRICK'S DAY**

**Stewards required for the  
Kinsale St. Patrick's Day Parade  
and Maritime Parade  
on Monday 17th March.**

Please email your name and mobile number  
to [kinsaleparade@gmail.com](mailto:kinsaleparade@gmail.com)



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HOTEL**



*New Early Bird Menu*

**2 Courses €18.95**

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## BOOK SIGNING

Gathering Chrysanthemums  
by Peter Maguire



Peter Maguire will be signing copies of his new book at Bookstór, Sunday 2nd March 2.30pm - 4.30pm.

# bookstór

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**Food Served 8am to 10pm**

~ Special Value Menu ~



### LIVE MUSIC

Saturday 1st March 10.30pm

**LIAM O**

Thursday 6th March 9.00pm

**SHANE & FRIENDS**

**BT & SETANTA SPORT  
LIVE PREMIERSHIP SOCCER**

### LIVE RUGBY

Saturday 1st March

6.30pm

**SCARLETS v MUNSTER**

8.30pm

**LEINSTER v GLASGOW**

**Catch all the excitement of**

## Cheltenham

(March 11th - 14th)

with Fantastic Promotions

**The Freddy Kent**

**Cheltenham Memorial Buster**

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# Jim Edwards

BAR & RESTAURANT

Re-opening this Friday  
28th February at 6pm.



**Tel: 021 477 2541**

[www.jimedwardskinsale.com](http://www.jimedwardskinsale.com)

\*Gift Vouchers Available\*

\*Excellent Ensuite Accommodation\*



Kinsale Tennis Club

## Starter Membership

*March/April 2014*

Family : €55

Adult: €35 Junior: €10

Includes 1 FREE lesson with  
coach Maria Bolster  
Friday 11th April at 7pm

Contact Eileen 087 281 1192

# Ralf's Computer Services

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# Kitty O Se's

~ Pearse Street, Kinsale ~

## LIVE MUSIC

Friday 28th February

**TONY BUCKLEY**

Saturday 1st March

**LEON BUCKLEY**

Sunday 2nd March - 9pm

**DUBLIN PETER**

**Special Menu for Pink Ribbon Walk**  
Served from 12pm to 9pm



**Jason Byrne**  
**Special Eye**

**Friday 7th March**  
**Blue Haven Hotel**  
8pm Tickets C30  
Tickets from Blue Haven, Kinsale  
or online at  
[www.bluehavenstore.com](http://www.bluehavenstore.com)  
Ph: 021 477 2209  
[www.bluehavencollection.com](http://www.bluehavencollection.com)  
3/4 Pearse St, Kinsale

**PHYSIO FIT KINSALE**

Do you run? Do you want to improve your speed, technique & reduce possible injuries?  
**ChiRunning Workshop**  
**Saturday 8th March**  
**with Ruth Farrell I**

Certified Chi-running instructor hosted by PhysioFit & CrossFit Kinsale.

Take part in an injury prevention & technique specific workshop (9.30 - 5). Detailed video analysis, practical drills addressing body position, foot strike, posture, breathing and efficiency. Complete beginners welcome. €70 inclusive.

Contact Karen Mason  
MISCSP Chartered Physiotherapist  
**087 672 8232**

THE **ARMADA**  
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Pearse Street, Kinsale  
Tel: 021 477 2255

**Saturday 1st March**  
**The Shinkickers**  
Classic Rock & Blues

**Sunday 2nd March**  
**Bobby & Eileen**

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Adults Meal €25pp  
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served daily is a  
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**Fantastic Chefs**

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# Actons

of Kinsale

*New 2014 & 2015 Wedding Proposal*

*including our Grá mo Chroí (Love of my Heart) Package  
& Mid-Week & Off-Season Packages*

2014 dates still available

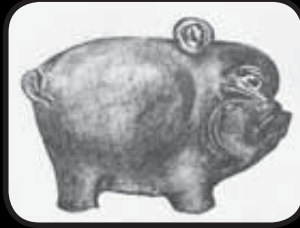


**PLEASE CONTACT**

**Mary K. O'Donovan, Conference & Banqueting Manager**  
**[mkodonovan@actonshotelkinsale.com](mailto:mkodonovan@actonshotelkinsale.com) 021 4779900**



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With over 50 by the glass

**and a wide selection of organic,  
biodynamic & natural wine**

**Serving the best in locally  
sourced artisan food**

**Reopening Wednesday 5th March**

**Spring opening hours  
5.30pm | Wednesday - Saturday**

Reservations 021 4774101  
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# KINSALE

## Pink Ribbon Walk.ie

to benefit  
**action breast cancer**



## This Sunday 2nd March, 12 noon

Final preparations are underway for the Kinsale Pink Ribbon Walk to benefit Action Breast Cancer. We hope that you enjoy the day and **THANK YOU** to everyone for your tremendous support.

### LAST MINUTE CHECK LIST:

**CHECK IN EARLY** on Saturday 1st March from 11am-6pm and Sunday 2nd March from 9am-11am at the Temperance Hall, to pick up your number and t-shirt and hand in your sponsorship card and money.

**LATE REGISTRATION** during Check-in at the above times. While everyone is welcome to participate, we ask you to try to raise some sponsorship following the Walk.

**PLEASE NOTE** that we cannot allow buggies or dogs (unless guide dogs). U16s are not insured to participate in the Pink Ribbon Walk.

**PARKING** is in the Fire Station/Glen Car Park as well as main Car Park in front of SuperValu / on street parking. Please ensure that you do not park in the Town Council Car Park (beside Seaview) after 6pm on Saturday 1st March.

**REMEMBER TO HAVE A GOOD BREAKFAST** and arrive in good time for the Warm-up at 11.30am Sharp. Runners please note that we will not be recording individual times.

**WEAR GOOD RUNNERS / WALKING SHOES**, thick socks and bring appropriate rainwear. We suggest a base layer under your pink t-shirt and rain jacket. We will have pink ponchos available but hope not to need them!

**AFTER THE WALK/RUN**, you will receive a medal and your refreshment voucher is on your race number – for registered participants only.

**TAKE TIME DURING THE DAY TO VISIT THE REFLECTION AREA.** You will be asked to write a pink ribbon "I'm walking for ..." which is an important part of the day.

**Enjoy the challenge and enjoy the day - Thank You!**

**See [www.pinkribbonwalk.ie](http://www.pinkribbonwalk.ie)**

**or call the Pink Hotline 086 271 9556**





# THANK YOU!

To all our Participants, Sponsors, Pink Partners and Volunteers,  
Kinsale Gardaí, The Civil Defence and Red Cross.  
Special thanks to Kinsale Good Food Circle, Cully & Sully, Barrett's Butcher  
and Tipperary Water for the delicious refreshments.

We welcome Cllr Tony Cierans, Mayor of Kinsale, together with Sharon  
Crosbie and Cara O'Sullivan, Hands On Drumming, DJ Anthony Collins,  
Rogue Fitness and all our visitors to Kinsale this weekend. We are delighted  
that Sharon and her band will perform at The White Lady after the Walk.



## Have you heard our charity single 'Amazing Grace' recorded by Sharon Crosbie & Friends?

It is available for purchase (€3) at the Temperance  
Hall during Check-in this weekend and afterwards  
at SuperValu Kinsale and Kinsale Pharmacy.

Also available as a download (99c) on iTunes,  
Google Playstore and Spotify.



Follow us on facebook and twitter for updates and lots of photos!



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# ROGUE

## PERSONAL TRAINING



START TIME	MONDAY	TUESDAY	WEDNESDAY
6.45am	Spinning	Boot Camp (Outdoor - starting 4th March)	Spinning
7.00am			
8.15am			
9.30am		Ladies Circuits	
10.00am	Pure Pilates Matwork		Barre
10.30am		Ladies Circuits	
11.15am	Improver Pilates		
6.15pm		Ladies Circuits	
6.30pm	Spinning	Spinning	Spinning
6.45pm	Beginner Pilates Course		
7.30pm		Pilates Total Body Sculpt & Tone (7.15) Men's Intense Circuits	HIIT & Intense Training
8.00pm	BarreConcept		
8.25pm		NEW HIIT Pilates Course (35 mins)	

To book call **021 477 7533**  
[www.roguefitness.ie](http://www.roguefitness.ie)



# FITNESS



## G & FITNESS CLASSES

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Spinning		Spinning & Core	
			Men's Intense Circuits
			Spinning & Core
	Ladies Total Body Blast (9.15)	L.B.T Legs, Bums, Tums.	Total Body Sculpt (6-Wk Course starting 1st March)
Concept			
	Ladies Total Body Blast (10.15)		Total Body Sculpt (6-Wk Course starting 8th March) (10.45)
	50+ Pilates		
	Ladies Total Body Blast		
Spinning	Spinning		
WIRL - High Intensity Interval Training	Men's Intense Circuits		
	BarreConcept		

**PAY AS YOU GO**  
 €10\*

**6 CLASS PASS**  
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**ANY CLASS ANY TIME**

**10 CLASS PASS**  
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**ANY CLASS ANY TIME**

\* Our pricing excludes Pilates / Barre Pilates.

or email [classes@roguefitness.ie](mailto:classes@roguefitness.ie)  
 The Granary, The Glen, Kinsale



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## **BABY SWIMMING CLASSES**

**STARTING ON THURSDAY 6TH MARCH**



Classes are being taught by Marie-Anne  
(Fully Insured and Baby Swimming Qualified Teacher)

*We promote baby swimming in  
a safe and fun environment.*

**Cost €90 for 6 weeks**

For Further information contact Marie-Anne

E-mail: [westburyswimschool@gmail.com](mailto:westburyswimschool@gmail.com)

Facebook: Westbury Swim School

**Phone: 085 854 9246**

**Actons Health & Fitness Club**

**021 4772345**



## **PERSONAL TRAINING**

*Interested in one-one training?*

*Why not ask about our Personal Training options*

1hr sessions €20 (member) or €30 (non member)

or 6 Week Body Blast Programme €199

Includes:

- 2 personal training sessions per week
- 1 class per week
- All tailored to your ability
- An initial consultation
- Nutritional advice
- A closing consultation & future plan
- Use of facilities during 6 weeks

For more information please contact 021 477 9900  
[leisure@actonshotelkinsale.com](mailto:leisure@actonshotelkinsale.com) | [www.actonshotelkinsale.com](http://www.actonshotelkinsale.com)



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# KINSALE ADVERTISER

**ADVERTISE FOR UPCOMING EVENTS**

*St. Patrick's Day (Monday 17th March)*

*Mother's Day (Sunday 30th March)*

*Easter Weekend (Fri 18th - Sun 20th April)*

**Book now to reserve your preferred ad space.**

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*Fitted by our  
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SHOWROOMS OPEN MONDAY TO SATURDAY

**FREE HOME CONSULTATION & MEASURING**



## KINSALE ST. PATRICK'S DAY

Monday 17th March 2014

**LATE ENTRIES**  
for the Street Parade  
will be accepted until  
**Wednesday 5th March 2014.**

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# KINSALE ST. PATRICK'S DAY

Monday 17th March 2014

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Please vote for Dylan at  
[www.google.ie/doodle4google/  
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Voting is open until 10th March.

Please encourage friends/family/  
work & social media buddies to vote  
on phones/ipads/pc/laptops etc.

Thank you.



# KINSALE ST. PATRICK'S DAY

Monday 17th March 2014

**Our Grand Marshal for the  
St. Patrick's Day Parade  
is Rick O'Neill**  
from **Newport, Rhode Island,**

who will be visiting Kinsale with a  
large delegation from Newport,  
our twin town in the USA.

*Let's give them a very warm  
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Read about Rick O'Neill  
on [www.kinsalenews.com](http://www.kinsalenews.com)



**Gaelscoil Chionn tSáile, Co. Chorcaí**  
*Kinsale Gaelscoil, Co. Cork*



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Chomhghairdeas MÓR le Clara Ní Chathail, a local schoolgirl from Gaelscoil Chionn tSáile who made it to the final of the Doodle 4 Google Art Competition with her doodle “An Adventure in Fairyland”.

**You can view and VOTE for her work at this link**  
[www.google.ie/doodle4google/vote.html#d=d2-10](http://www.google.ie/doodle4google/vote.html#d=d2-10)

It is now down to public vote so please support her by voting everyday (if possible!) and the scoil will be in with a chance to win a €10,000 technology grant if she is successful.

**Go raibh maith agaibh! Gaelscoil Chionn tSáile ABÚÚÚ!!!**



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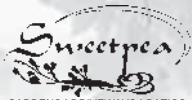


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## NOTICES



Sunday 2nd March, 9am-3pm

## Car Boot Sale

Belgooly GAA Pitch

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## EVENING OF CLAIRVOYANCE

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# KINSALE ADVERTISER

WHAT'S ON IN KINSALE FRI 28th FEB - FRI 7th MARCH 2014



## FRI 28th FEB

### **BACCHUS NIGHTCLUB:**

DJ Mark, 11.30pm.

### **BLUE HAVEN:**

Love Junkies, 10pm.

### **FOLKHOUSE:**

Afterhours, 10.30pm.

### **HAMLETS:**

DJ Rayz.

### **HURLEY'S,**

### **BALLINSPIITTE:**

Fundraiser Table Quiz for Kuk Sool Won Cork. 8pm.

### **JIM EDWARDS:**

Reopening after renovations.

### **KITTY O'SÉ'S:**

Tony Buckley.

### **BULMAN BAR:**

Live Music.

### **FOLKHOUSE:**

Indigo,

10pm.

### **HAMLETS:**

DJ.

### **KITTY O'SÉ'S:**

Leon Buckley.

### **SILENT BANJO:**

Chapter Two, 10.30pm.

### **WHITE HOUSE:**

Liam O, 10.30pm.



## SUN 2nd MAR

### **AFRICA DIRECT:**

Cork Harbour Cycle.

### **ARMADA BAR:**

Bobby & Eileen.

### **BLUE HAVEN:**

Darren & Friends,

9.30pm.

### **BOOKSTOR:**

Book signing by

Peter Maguire,

2.30pm - 4.30pm.

### **CAR BOOT SALE:**

Belgooly GAA Pitch,

9am - 3pm.

## SAT 1st MAR

### **ARMADA BAR:**

The Shinkickers.

### **BACCHUS NIGHTCLUB:**

DJ Sean, 11.30pm.

### **BANDON CO-OP,**

### **KINSALE:**

Free Spring Gardening

Demonstrations,

11am and 2pm.

### **BLUE HAVEN:**

Sons of Steve McQueen,

10pm.

### **FOLKHOUSE:**

King K, 9pm.

### **KINSALE PINK**

### **RIBBON WALK:**

Starting at 12 noon.

### **KITTY O'SÉ'S:**

Dublin Peter.

## MON 3rd MAR

### **BLUE HAVEN:**

Mike O'Riordan,

9.00pm.

### **DALTONS BAR:**

Traditional Irish

Music.

## TUES 4th MAR

### **BLUE HAVEN:**

Sonnie & Friends,

9.00pm.

## WED 5th MAR

### **BLUE HAVEN:**

Niall McCabe,

9.00pm.

### **DUNDERROW N.S.:**

Open Day for New

Junior Infants.

### **KINSALE FARMERS**

### **MARKET:**

Every Wednesday

9am - 2pm.

## THURS 6th MAR

### **BLUE HAVEN:**

Clem Buckley & Ben

Dillon, 9.00pm.

### **FOLKHOUSE:**

Mike & Rory, 9.30pm.

### **HUNTSMAN:**

Cheltenham Preview

Night, 8.30pm.

### **WHITE HOUSE:**

Shane & Friends, 9pm.

## FRI 7th MAR

### **BACCHUS NIGHTCLUB:**

DJ Mark, 11.30pm.

### **BLUE HAVEN:**

Barefoot Gypsies,

10pm.

### **BLUE HAVEN:**

Jason Byrne, 8pm.

### **EVENING OF**

### **CLAIRVOYANCE:**

Gresham Metropole

Hotel, 8pm. With Fiona

Stewart-Williams.

### **FOLKHOUSE:**

The Hoots,

10.30pm.

### **HAMLETS:**

DJ Rayz.

### **St John the Baptist Church & The Friary, Kinsale**

The Society of St Vincent de Paul will be holding a Clothing Collection after all Masses on Saturday 15th and Sunday 16th March. Please bring any unwanted clothes to our van which will be located near to the Church.

### **KUK SOOL WON CORK - FUNDRAISER TABLE QUIZ**

8pm Friday 28th Feb - Hurleys Ballinspittle  
€30 for table of 4 or €10 per head  
All funds raised will go towards covering expenses for KSW Cork Team to compete in WKSA Scottish Championships in Edinburgh in May 2014, representing Ballinspittle, Kinsale and Ireland in International competition!

## KINSALE ST. PATRICK'S DAY

The Kinsale St. Patrick's Day Committee would like to thank all those who contributed so generously to the Church Gate Collection and the Coffee Morning/Cake Sale which raised €856.96 and €1092 respectively.

*Your support for this community event is very much appreciated.*

## Maths Grinds

023 8849523  
KILBRITTAIN AREA

18 years experience.  
2nd and 3rd level,  
includes  
Project Maths.

## Jim Daly TD Advice Clinic



Weekly Clinics at both  
Bandon & Clonakilty Offices.  
First Friday Clinics at the  
Trident Hotel, Kinsale  
at 12.30pm.

Clonakilty Office 023 8858770  
Bandon Office 023 8843868

☆ Please contact the office  
as times may vary.

FINE GAEL



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**KINSALE**

*Pink Ribbon Walk*



In benefit  
**action**  
breast  
cancer

Bandon Co-Op are delighted to sponsor the Pink Ribbon Walk on Sunday 2nd March.

A percentage of our sales from Saturday 1st March will be donated to the charity.



# Garden Know-How

## *FREE Spring Gardening Demonstrations*

**Bandon Co-Op Kilbrogan (Bandon)**  
**Saturday Feb 22nd 11am & 2pm**

**Bandon Co-Op Kinsale**  
**Saturday March 1st 11am & 2pm**

By our in-house garden experts Iza and Aphra  
Demos followed by informal Q&A sessions

### Unlock the mysteries of:

- Making your own compost – turn your kitchen and garden waste into rich, nutritious organic material for your garden
- Plant propagation – learn how to create new plants
- Vegetable growing – from beginners to established vegetable growers – get advice on getting the best from your vegetable patch
- Aphra and Iza will be available during the day to answer any other gardening questions that you may have



Bandon Co-op Retail Centre, Farm Lane, Kinsale  
Tel: (021) 477 4080 [www.bandoncoop.ie](http://www.bandoncoop.ie)  
Opening Hours: Mon - Fri 8.30am - 5.30pm. Sat 8.30am - 4.30pm



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